

The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005

West Virginia

All statistics are based on parental reports.

14.8 20.9 Percent of children who are overweight 21.9 28.3 Age 10-11 14.4 21.5 Age 12-14 10.7 15.2 Age 15-17 22.4 32.1 0-99% Federal poverty level 19.0 22.3 100-199% Federal poverty level 9.1 8.9 400% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1	National %	State %	
21.9 28.3 Age 10-11 14.4 21.5 Age 12-14 10.7 15.2 Age 15-17 22.4 32.1 0-99% Federal poverty level 19.0 22.3 100-199% Federal poverty level 13.7 16.8 200-399% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 15-17 62.1 58.1 Male 55.0 53.3 Age 15-17 62.1 58.1 Male			Percent of children who are overweight
10.7 15.2 Age 15-17 22.4 32.1 0-99% Federal poverty level 19.0 22.3 100-199% Federal poverty level 13.7 16.8 200-399% Federal poverty level 9.1 8.9 400% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	21.9	28.3	<u> </u>
22.4 32.1 0-99% Federal poverty level 19.0 22.3 100-199% Federal poverty level 13.7 16.8 200-399% Federal poverty level or more 9.1 8.9 400% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	14.4	21.5	Age 12-14
19.0 22.3 100-199% Federal poverty level 13.7 16.8 200-399% Federal poverty level 9.1 8.9 400% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	10.7	15.2	Age 15-17
13.7 16.8 200-399% Federal poverty level 9.1 8.9 400% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	22.4	32.1	0-99% Federal poverty level
9.1 8.9 400% Federal poverty level or more 18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3	19.0	22.3	100-199% Federal poverty level
18.1 26.8 Male 11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team 58.6 55.7 or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.5 64.8 Age 15-17 62.1 55.6 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	13.7	16.8	200-399% Federal poverty level
11.5 14.8 Female Percent of children who exercised or participated in physical activity 71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	9.1	8.9	400% Federal poverty level or more
71.3 Percent of children who exercised or participated in physical activity 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	18.1	26.8	Male
71.3 77.1 for at least 20 minutes on 3 or more days during the past week 78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	11.5	14.8	Female
78.2 84.8 Age 10-11 74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female			Percent of children who exercised or participated in physical activity
74.2 80.5 Age 12-14 63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	71.3		for at least 20 minutes on 3 or more days during the past week
63.3 67.8 Age 15-17 76.8 81.6 Male 65.6 72.6 Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	78.2	84.8	Age 10-11
76.8 81.6 Male Female Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	74.2	80.5	Age 12-14
Female Percent of children who were on a sports team 58.6 55.7 Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	63.3	67.8	Age 15-17
Percent of children who were on a sports team or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	76.8	81.6	Male
58.6 55.7 or took sports lessons during the past 12 months 61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	65.6	72.6	Female
61.5 64.8 Age 10-11 61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female			Percent of children who were on a sports team
61.6 55.6 Age 12-14 53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	58.6		or took sports lessons during the past 12 months
53.4 49.5 Age 15-17 62.1 58.1 Male 55.0 53.3 Female	61.5	64.8	Age 10-11
62.1 58.1 Male 55.0 53.3 Female	61.6	55.6	Age 12-14
55.0 53.3 Female	53.4	49.5	Age 15-17
	62.1	58.1	Male
72.9 Percent of children with at least one parent who exercises regularly	55.0	53.3	Female
	72.9	75.0	Percent of children with at least one parent who exercises regularly